



# RUBY'S PLACE

Are you tired of feeling stuck, frustrated, or just not feeling like yourself? This is the safe place you've been looking for to identify obstacles in your life, to get relief, and to work towards more satisfying outcomes.

## No Fee Therapy Services:

Individual therapy and family therapy for women, men and children. Including issues such as:

- Trauma
- Grief
- Depression and Anxiety
- Family and Peer Conflict
- Self-Esteem
- Addictions
- Coping Skills and more

## Other Services Offered:

- Legal advocacy for: Immigration, T-Visa, U-Visa, VAWA, Temporary restraining orders, court advocacy and attorney referrals
- Hygiene supplies are available (toothbrushes, toothpaste, shampoo, etc.)

Ruby's Place is offering counseling and outreach services for men, women and children. These services are free of charge, and provided by our onsite Marriage and Family Therapist Intern, supervised by a licensed Marriage and Family Therapist. These services are available to anyone in the community.



Make an Appointment by phone: (510) 931-5921

Counseling and Outreach Services are currently available by appointment:

Monday, Wednesday and Thursday

9:00 am- 4:00 pm

1180 B Street

Hayward, CA 94541

[www.rubysplace.org](http://www.rubysplace.org)