

## Evaluations and Consultations

In-water evaluations are provided for each swimmer prior to enrollment. Consultations are available for families and care providers to teach in-water techniques to enhance their child's development. Professional consultation and workshops are also available.



## Staff

Director Dori Maxon PT, PCS, MEd, a pediatric physical therapist, oversees all programs and training. Our assistant director manages daily operations and our head instructors run our classes. Our amazing staff of well-trained volunteers work with each swimmer one-on-one, and are the key to the magic of SNAP.



## Awards

SNAP has been honored with the 1999 Tsunami Award for creativity and innovation in the field of aquatics. Our Director, Dori Maxon, PT was named 2001 Aquatic Professional of the Year by the Aquatic Therapy and Rehab Institute and awarded the 2004 John K. Williams Award for Adapted Aquatics given by the International Swimming Hall of Fame.

## Funding

SNAP has received donations from supporters such as the Children Support League and Starbucks Grants for Giving. We rely on our community for support especially people like you. Fundraising efforts help us keep fees low and provide scholarships to our special swimmers. Donations are tax exempt. We invite you to join us, and become a SNAP donor!

## Contact Us!

To learn more about:

- Registering your child
- Volunteer opportunities
- Making a financial or in-kind donation

Please contact SNAP at 510-527-0446 or [snapkids@earthlink.net](mailto:snapkids@earthlink.net).

# SNAP

## Water Magic!

SNAP is a program of United Cerebral Palsy  
of the Golden Gate 501(c)(3) 94-1207706

# SNAP

## Special Needs Aquatic Program



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# SNAP

Founded in 1991 SNAP is a motor development program in the water for children with a variety of abilities and challenges. SNAP strives to help kids with special needs feel pride and self-confidence while helping them build stronger bodies, make friends, and have fun. Programs are tailored to meet the needs of each child. We stress fun, fitness, and independence in a supportive, non-competitive environment.

## Program Benefits

The water can help improve a person's cardiovascular and respiratory fitness, flexibility, strength, balance, coordination, body scheme, and sense of self. Many children gain increased independence as they learn and/or practice how to walk, talk, reach, roll, jump, and swim. SNAP is also a great social outlet. It is a magical time for everyone!



## Swimmers

SNAP serves children 1-18 years of age. Children often have diagnoses such as cerebral palsy, spina bifida, SMA, arthritis, developmental delay, sensory integration disorder, and autistic spectrum disorder. While SNAP accepts children with a variety of abilities and needs, priority is given to children with physical challenges.



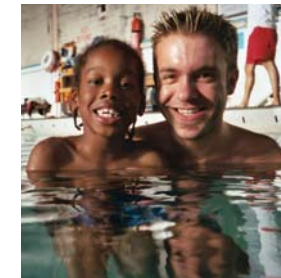
## Classes

Classes follow the school calendar with a fall and spring semester. Registration is required for each semester. Our goal is a 1:1 swimmer to helper ratio. Classes have approximately 6 swimmers, 6 volunteer helpers, and a head instructor. Classes meet for 50 minutes one time per week and are currently held in Berkeley.



## Parent-Tot Class

This class is designed for children 3 years and under and their parent(s). Instruction is presented to help parents engage their young children in fun and beneficial activities which encourage physical, sensory, language, and social development. We highlight the beauty of each child and help foster the special bond between parent and child.



## School Age Children

Children are grouped by age to encourage social opportunities and age appropriate activities. Children work on flexibility, strength, coordination, following directions, developmental swimming skills, and social skills as needed. Children work individually and in a group during each session.

## Pre-Teens and Teens

Children in this age group often have personal goals for their fitness programs. We work to develop independent aquatic skills, strength, and endurance, and provide opportunities for aquatic games, team work, social skills and group activities.