

Guided by **empathy, gratitude, reliability,** and **purpose,** our evidence-informed curriculum empowers dads in their parenting and co-parenting journey



Online 6-week Series Fatherhood & Co- parenting: Beyond Conflict

May 21 - June 25, 2026

(Class meets once a week on **Thursdays**,
5/21, 5/28, 6/4, 6/11, 6/18, 6/25)

Payment Options: Free for qualifying Alameda Co. Dads / Alameda Alliance Medical / sliding scale

- 6:30PM - 8:30PM (PST)
- Via ZOOM Meetings
- Certified Facilitator: Michael Lewis, CPDPE, NPP
- Certificate & incentive upon completion



What You'll Get

- Positive co-parenting & communication skills ✓
- Understand your role in your child's development ✓
- Self-care & stress management strategies ✓
- Court Navigation tips, Guest Speakers & more ✓



To Register call:

1-800-829-3777



Limited Space Available