



Location:

39155 Liberty Street, Suite E500

(@ Capitol Avenue)

Fremont, CA. 510-574-2100

By Car:

> I-880—Take Mowry Ave Exit and head east;
cross streets are Capitol Ave & Walnut Ave.
(Parking available)

By Public Transportation:

- > AC Transit Line #20, 22, 25, 29
(Mowry Ave.); #21 (Walnut Ave.)
- > BART: Fremont BART Station, walk
West on Walnut Ave. (or through
Fremont Fashion Shopping Center),
Turn right onto Liberty Street; or

City of Fremont does not discriminate on the basis of disability. Reasonable, auxiliary aids are provided upon request to afford persons with disabilities an equal opportunity to enjoy the benefits of services, programs, and activities. Inquiries regarding this policy may be forwarded to: Director of the Human Services Department, P.O. Box 5006, Fremont, CA 94537, 510-574-2051 or 510-574-4862.



Youth & Family Services
Family Resource Center
392155 Liberty St., #E500
Fremont, CA 94537-5006

Human Services Department
Fremont
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Fremont
Human Services Department



**YOUTH AND
FAMILY
SERVICES**
*A Division of the City of Fremont
Human Services Department*

Monday—Friday

8:00 am—5:00 pm

Saturday by Appointment

Family Resource Center

39155 Liberty St., #E500

Fremont, CA 94537-5006

Phone: (510) 574-2100 Fax: (510) 574-2105

Instagram @fremontyouthwellness

Youth & Family Services Clinic

Multi-lingual and Multi-Cultural Counseling for Youth and Families to help improve family relationships in times of stress or crisis, with special attention to early childhood development and adolescent issues.

Crisis Intervention for youth and their families experiencing stress, communication, relationship and life challenges.

Early Childhood Counseling sessions for children ages 0-8 years and their caregivers.

Assessment, Counseling and Family Support Services for children, youth, and their caregivers and adults.

Counseling Fees:

Co-payment based on income and family size. MediCal Insurance Accepted.



Healthy Choices School Counseling

Counseling and Crisis Support on School Campuses for students needing help with school adjustment, social, emotional, family or peer relationship challenges.



Youth Development & Life Skills

Diversion Intervention Services for youth first-time offenders and their families.

Outpatient Substance Use Disorder Treatment Services for adolescents offered at the clinic and selected school sites.

Truancy Intervention Services to support youth who are experiencing challenges with school attendance to meet educational and life goals.

Group Counseling Sessions for at risk youth to learn life skills and healthy decision making.

Caregiver Support

Caregiver Education and Support for caregivers of children and youth to further age appropriate development and/or challenging behaviors held at Clinic and School Sites.

Family Partner Program to help caregivers identify their strengths, become more resilient, learn self-advocacy skills that help them have a greater voice in decisions that impact the lives of their children and family.



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