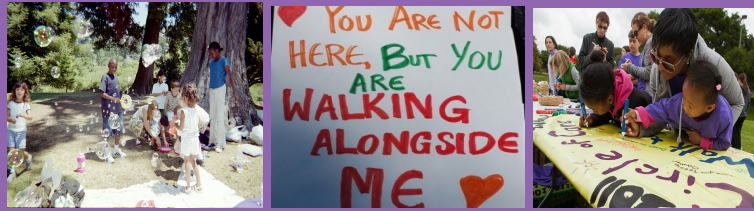


Circle of Care

East Bay Agency for Children

~Grief Support for Families~



At Circle of Care we provide bereavement groups focused on the emotional needs of the whole family.

Our virtual peer support groups are for children and their caregivers who are coping with the death of a loved one. Our groups are offered at a modest cost, on a sliding scale based on financial means, although no one is turned away due to lack of funds.

During this shelter in place we have shifted our model from in person to Zoom platform.

Groups meet every other Thursday Evening

Littles and School age: 5:30-6:15 pm

Teens and Adult: 6:30-8:00 pm

Children and Teens Peer Support Groups:

These group meet with others in their age group to develop coping skills, resiliency and use expressive art to process their grief

- Littles group (ages 4-6), School age (7-12), Teen (13-18) ~

Caregiver Peer Support Groups:

These groups provide a gently facilitated space to connect and and build community about the challenges of losing a loved one and parenting.

In addition we offer a 10 week workshop called Resilient Parenting for Bereaved Families which provides practical tools & skills for caregivers to meet the needs of their grieving children while grieving themselves

~Currently enrolling new families~

Spring 2021 groups begin late January early February 2021

For more information please contact:

(510) 531-7551 Ext. 3195

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